

Living Waters

A safe place for hurting people

“Where can I go to share my pain and struggle? Will anyone listen to me? How can I overcome my struggle? I’m alone, and afraid to tell anyone what’s really happening in my heart.”

Such thoughts and questions plague many Christians. The Living Waters discipleship and prayer ministry addresses the roots of these emotional and sexual issues (such as abuse, self-hatred, marital problems, addictions, same-sex attraction, pornography and co-dependency) which trap believers in unhealthy living.

Through weekly times of worship, teaching and small group prayer, the program’s leaders walk with participants in their struggle so they can live in freedom and truth.

The leaders also pray for God’s healing to restore the broken areas of life so that people can love according to His intentions. (A closed-group format and confidentiality policy ensure trust and safety in the small groups.)

Who’s it for?

Anyone can enroll in the 25-week Living Waters program, particularly those who are willing to embrace the truth of their current situation, be open with others about their life, and deepen their relationship with Jesus. Living Waters is the core offering of the ministry, and is recommended for all people.

What’s involved?

Participants apply and are interviewed prior to their enrolment in the program. On the first evening of the program, participants receive a manual, which includes these topics:

- Receiving the Father’s love
- Naming and confessing our sins
- Discovering the false self
- Learning the roots of brokenness
- Healing from abuse
- Forgiving others
- Confronting addiction and temptation
- Living as true men and women
- Embracing the church as a healing place

The River

Relational healing for the next generation

Confusion. Self-doubt. Hurt and pain. Eating disorders. Failed relationships. Promiscuity and same-sex attraction. Pornography. Today’s youth are confronted with deep issues, which keep them from knowing God’s love and power to change lives.

Yet simple answers are not enough. Young people want more. That’s where The River comes in.

The River is an interactive program that tackles the root issues of brokenness, and unleashes the love and freedom only God can give. The River boldly addresses questions that today’s youth are asking, and provides a safe place to hear and discuss His way for relationships and sexuality.

Who’s it for?

Geared for the late-teen generation, The River focuses on those between 16 and 20 years old. The program embraces youth who want answers to their tough questions.

SALT

Sexual addicts learning trust

More and more, men and women have been lured into addictive activities, such as pornography, sexual fantasy and illicit relationships. Once ensnared there, they become sexual addicts.

The SALT program reaffirms the truth that Jesus is able and willing to set the captive free from sexual addiction. Through 20 teachings, the course helps sex addicts share their struggles and receive God's grace, so they can break free of their behaviours and live in God's way. In small groups, participants are kept accountable, and are provided an avenue of healing and forgiveness.

Who's it for?

Aimed at both men and women, the program welcomes anyone who believes they are sexually addicted, and wants to be released from their habitual behaviours. Prior to enrolling in SALT, participants are asked to complete the 30-week Living Waters course.

CrossCurrent

A short introductory course on healing

"Whoever is thirsty, let him come; and whoever wishes, let him take the free gift of the water of life" (Revelation 22:17).

CrossCurrent provides a spring of water for thirsty souls. As an open, Christ-centred support group, CrossCurrent helps people grapple with the truth of their sexuality and relationships. The eight-week program is available to anyone who wants to begin the healing journey.

Who's it for?

As an introductory discipleship program, CrossCurrent is available to anyone who is open to the healing ministry of the Holy Spirit, desires meaningful relationships with men and women, and is willing to be honest with others about the broken areas of their life.